



## PROVIDENCE Diabetes and Nutrition Center

1160 Varnum St., NE | DePaul Professional Bldg., Ste. 110 | Washington, DC 20017

www.provhosp.org | Ph: (202) 854-7128 | Fax: (202) 854-4082



# Diabetes and Nutrition Services

## Diabetes Self-Management Education and Support (DSMES) – Individual and Group Session

Meet with a Certified Diabetes Educator (CDE) individually and/or a group session. Cost determined by individual insurance coverage and covered by Medicare. We are credentialed as a specialist doctor's office with Medicare and several private insurance carriers. Self-pay options are also available, please call for details. Call 202-854-7128 for more information and to make an appointment.

## Diabetes and Chronic Renal Failure **Medical Nutrition Therapy (MNT)** Session

Meet with a Registered Dietitian (RD) for an individual Diabetes and/or Chronic Renal Disease nutrition counseling session. Cost determined by individual insurance coverage and covered by Medicare. We are credentialed as a specialist doctor's office with Medicare and several private insurance carriers. Self-pay options are also available, please call for details. Call 202-854-7128 for more information and to make an appointment.

## Individual **Medical Nutrition Therapy (MNT)** Session

Meet with a Registered Dietitian (RD) for an individual nutrition counseling session. We are credentialed as a specialist doctor's office with several private insurance carriers. Self-pay options are also available, please call for details. Call 202-854-7128 for more information and to make an appointment.

## **Prediabetes Group Informational Session. \$10/person**

Learn more about prediabetes and how to prevent the onset of Type 2 diabetes. An informational session in either an individual - OR- group appointment is available upon request. Please call to schedule an appointment at 202-854-7128. Refer to [www.provhosp.org](http://www.provhosp.org) or call 202-854-7128 for more information. RSVP and Preregistration required 15 minutes prior to the start of the session. No Referral - OR- Insurance required.

## **Prediabetes/Diabetes Support Group Session. FREE Friday Session 11 AM – 12 Noon**

First Friday of every month (Session dates and times may be subject to change). No RSVP, Referral –OR- Insurance required. Drop-in's Welcome.

**The American Diabetes Association (ADA) recognizes the education service of Providence Diabetes and Nutrition Center as meeting the National Standards for Diabetes Self-Management Education and Support (Standards).**